

Message From the Founder

Dear Friends,

America is facing an unprecedented rise in chronic diseases that are affecting the health, happiness, and productivity of millions of families. While modern medicine plays a vital role in treatment, true progress begins with prevention.

At Human Service International, we have researched health practices, lifestyles, and scientific evidence from around the world to identify the best natural approaches that are proven to support a healthy mind and body. Our mission is to translate this knowledge into practical, easy-to-understand health education that empowers individuals and strengthens families.

This is more than an organization—it is a movement dedicated to creating a healthier America through knowledge, prevention, and informed choices.

Join us. Together, let's make America healthier, one family, one community, and one generation at a time.

Dr. S. M. Shaafi, Ph.D.

Founder & President

Human Service International – USA

"A healthier America begins with knowledge, prevention, and action."